

هذه المادة العلمية صدقة جارية على روح أبي الغالي الكابتن / عبدالله طنطاوي وجميع موتى المسلمين تغمدهم الله جميعاً في واسع رحمته.

هذا العمل لا أتكسب منه مطلقاً وهو متاح لأي مدرس ولأي طالب بسعر الطباعة فقط

بيانات الطالب

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الصف الدراسي

المجموعة

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قطعة الفهم

هناك عدة نصائح يجب اتباعها قبل بداية حل القطعة:

1. الهدوء والتركيز والقراءة ببطيء
2. ملاحظة الكلمات الكبيرة والتي تحتها خط ومعرفة معناها وإذا كانت ضمير معرفة ما تشير له
3. إذا وجدت كلمة صعبة ضع تحتها خط ولا تنشغل بها وأكمل القراءة
4. بعد الانتهاء من القراءة اول مرة اقرأ مرة أخرى وحاول استنتاج معنى الكلمات الصعبة من السياق ومعني القطعة
5. بعد الانتهاء قم بالقراءة مرة أخيرة لهضم معنى القطعة والتمكن منها
6. اقرأ الأسئلة بحرص شديد لمعرفة معنى السؤال لأنه في الغالب يكون السؤال غير مباشر
7. كثرة الحل والتدريب هي سبيلك الوحيد للتمكن من سؤال القطعة

think	يعتقد	Title	عنوان	Mention	يذكر - اذكر
mean	يعني	Convenient	مناسب	Writer	كاتب
Refer to	يشير الى	Passage	قطعة	Aim	هدف
Gist of the topic	جوهر القطعة	Mentioned	مذكور - ذكرت	Opinion	رأي
Principal topic	موضوع رئيسي	Show	وضح - بين	Stand for	يرمز الى
purpose	مغزي	Explain	اشرح	here	هنا
According to	وفقًا ل	infer	استنتج	Main idea	فكرة رئيسية
Suitable	مناسب	Apt	مناسب	Appropriate	مناسب

Give a suitable (apt / ….) title for this passage.	ضع عنوان مناسب للقطعة
What's the main idea of this this passage?	ما هي الفكرة الرئيسية في القطعة
What does the underlined word…. refer to?	الى ماذا تشير كلمة ....التي تحتها خط ؟
In your opinion / point of view …….	من وجهة نظرك ....
What do you think about….?	ماذا تعتقد بشأن ....
Do you think …. Why? Why not?	هل تعتقد .... لما ؟ لما لا ؟
What's the passage about?	الى ماذا تشير هذه القطعة / الفكرة الرئيسية
Summaries the first / second paragraph	لخص الفقرة الأولى / الثانية
Give a brief summary of first / second paragraph	لخص الفقرة الأولى / الثانية
The passage deals with / debates ….	القطعة تتكلم عن / تناقش
How can we infer that…?	كيف نستنتج من القطعة أن ...

Exercises

1. Everybody likes to feel that she or he is special. Sadly, many of us grow up believing that we're not special at all. We wish that we could be more attractive or better at sports. We wish we had more money or more beautiful clothes. Like the Tin Man, the Scarecrow, or the Cowardly Lion from The Wizard of Oz, we think we're not good enough just as we are. In the film, The Tin Man wishes he had a heart. The Scarecrow wishes that he had a brain, and the Lion wants courage. Eventually, each of them realizes that he already has what he wants. Nearly all parents want us to be the best we can be. They occasionally attempt to encourage us to do better by comparing

us to others. They mean well, but the message we usually get is that we're not good enough. We start to believe that the only way we can be special is by being better than somebody else, but we are frequently disappointed. There will always be somebody out there that is better than we are at something. There are a lot of people around who may not be as intelligent as we are, but who are better at sports. Or they may not be as handsome, but they have more money. It is unthinkable for us to be better than everybody else all the time. Like the Tin Man, the Scarecrow, and the Cowardly Lion, we all need what we believe will make us better people. Our parents often forget to tell us that we are special, that we are good enough just as we are. Either way, it's up to us to remind them sometimes that each of us, in our own way, is special.

1. The writer wrote this text to ....

a explain the importance of being yourself **b** suggest how people can change their way of life

c talk about your family problems **d** describe how intelligent we are

2. This essay was most likely written by a ....

a parent **b** teacher **c** coach **d** young person

3. What does the writer say about our parents?

a They frequently forget to tell us that we are special. **b** They always tell us that we are good enough.
c They always tell us that we are special. **d** They never forget to tell us that we are special.

4. The writer of this essay believes that ....

a the richer you are, the better you are **b** not everyone can be special

c intelligent people are more special than others **d** we are all good enough just the way we are

5. The underlined word "disappointed" is a synonym to ....

a pleased **b** dissatisfied **c** ashamed **d** excited

6. The underlined "them" refers to ....

a teachers **b** parents **c** youth **d** coaches

7. The best title for this essay could be ....

a Being special **b** Selfishness **c** Comparisons **d** Being a parent

2. Many people have jobs that are not very interesting, but a lot of people have to work at night, and this is very difficult. When everybody else is getting ready to go out, they have to go to work, and this puts a lot of psychological stress on them. It is also not very healthy because the human body is designed to be active in the day and to rest in the dark. If this cycle is reversed it can have a bad effect on a person's health. So, why do people do night shift? Nowadays many business have to offer a 24 hour service, like hotels, delivery companies, some supermarkets open all night and all day, call centers and hospitals. It is true that some people only need a few hours sleep at night but the majority need eight hours. Humans are most active in the middle of the day, and the time when they are least able to concentrate and be efficient is between 2am and 4 am. This is the worst time to drive or to do anything that needs concentration. The body finds it very difficult to adapt to the opposite cycle. Things are not likely to get better in the future because more and more business are working 24 hour cycles to keep in step with our 24 hour society.

1.The underlined word "reversed" can be replaced with ....

a balanced **b** different **c** overturned **d** opposed

2.The main idea of this passage is about ....

a giving an advice about working late. **b** helping people change their way of life.
c describing the importance of work. **d** how working at night can be harmful.

3.The writer's opinion about night shifts job is that ....

a It is easier than working during the day. **b** There is a variety of them.
c You get better working conditions. **d** Many people refuse to work at night.

4. According to the passage, we know that ....

a it's difficult to change your sleeping needs. **b** people tend to sleep only between 2 am and 4 am.
c people sleep better in the early morning. **d** everybody needs the same amount of sleep.

5. About the future, the writer mentioned that ....

a fewer people will work during the day. **b** some jobs will always be done at night.
c nobody will work at night. **d** many people will stop working during the day.

6.The best title of the passage is ....

a 24 hours sleep cycles! **b** Society is changing but our bodies are not!
c A good night's sleep can change your life! **d** A worker that sleeps more, works more!

7.People who have to work night shifts struggle with ....

a the quality of sleep **b** more sleeping time **c** emotional stress **d** psychological stress

3. Sleep is very important for our health and safety. We should get enough sleep to let our brains work properly. Research has shown that sixty percent of adults suffer from sleep deprivation. If we don't sleep well for a long time, many negative things may happen. We may get sick because the body loses its ability to fight infections. Also, a lot of accidents can be caused because drivers have difficulty concentrating as a result of sleep deprivation. We need an average of eight hours of sleep at night. However, to get a good night's sleep, we need to set a specific bedtime and wake up time and make it a routine. Also, we shouldn't drink cola, tea or coffee during the day. We should stop eating, studying or watching TV in bed because bed is meant for sleep. Many studies have shown that a good night's sleep assists teaming process. Sleep helps you to learn information that you have come across during the day and allows the human brain to organize the day's memories. Sleep is an essential function that allows your body and mind to recharge, leaving you refreshed and alert when you wake up. Healthy sleep also helps the body remain healthy and stave off diseases. Without enough sleep, the brain cannot function properly.

1. Many studies have shown that a good time sleep .... learning.

a. stops **b**. prevents **c**. helps **d**. eliminates

2. Sleep is necessary for our ………………………… .

a. health **b**. safety **c**. learning **d**. all of the previously mentioned

3. What does the underlined word "it" refer to?

a. Sleeping at certain times **b**. Waking up at certain times

c. Setting times for sleeping and waking up **d**. Buying an alarm clock

4. Good sleep helps you …………………… information.

a. note down **b**. stop **c**. remember **d**. get rid of

5. Not getting enough sleep has ………………. effects on our health.

a. positive **b**. useful **c**. derivative **d**. negative

6. A high percentage of adults suffer from ……………………

a. sleep **b**. lack of sleep **c**. too much sleep **d**. sleeping well

7. You shouldn't watch TV ………… **a**. at night **b**. in the evening **c**. in the morning **d**. in bed

4. My name is Sarah. I'm twelve years old and I live in Cairo. I have a big family. I live with my parents and my twin sisters Noura and Mona. We have the traditional Egyptian breakfast: bread, eggs, cheese, and beans. We usually have a glass of milk. I prefer my breakfast with yogurt. I have a snack in the morning, always a piece of fruit. I have lunch at about two o'clock. My favorite food is spaghetti with meatballs and a glass of fresh orange juice. I don't like rice. At about half past eight, we have dinner. We always eat potatoes, cheese, boiled eggs, and salad. I like vegetables very much. After dinner, we like watching TV. Before I go to bed, I like drinking hot chocolate. My parents prefer drinking tea.

A) Answer the following questions:

1. What is this passage about? ……………………………………………………………………………

2. What do they eat for breakfast? …………………………………………………………………….

3. Do you think Sarah's family eat healthy food or not? ……………………………….

B) Choose the correct answer from a, b, c or d:

4. Sarah is ……………………….

a) Egyptian b) English c) Japanese d) Syrian

5. Sarah drinks……………………… before sleeping.

a) tea b) milk c) hot chocolate d) juice

6. The underlined word "parents" means ……………………….

a) father and brother b) father and mother c) grandfather and grandmother d) mother and sister

5. Water is very important in our life. We need it for drinking, washing, cooking, watering fields and getting electricity. We should not use it carelessly. Careless people use it badly. Some of them use too much water to wash their cars. They leave the taps open day and night. Children need to know how to use water carefully. Parents and teachers have to teach their children that water can help us to turn the desert into green land to grow more crops. Nowadays, modern ways are used to water the plants to save water. Also, we can recycle water after using it for washing. We can use it to plant crops. Without water nothing on our planet can live, so we should all keep water clean.

a) Answer the following questions:

1- What is this passage talking about?…………………………………………………………………………………………………

2- Why do you think we use modern ways to water plants?………………………………………………………………………

3- What do teachers and parents have to teach children?……………………………………………………………………………

b) Choose the correct answer from a, b, c or d:

4- The underlined pronoun "them" refers to ………………..

a. fields b. careless people c. children d. taps

5- The underlined word "modern" in the passage means ………….

a. old b. new c. bad d. ugly

6- The water can help us to ………………. more crops. a. build b. drink c. grow d. tell

6. Last summer, Hani wanted to go on a holiday. He decided to stay for a week on his uncle's farm and another week on the beach in Hurghada. First, he travelled with his parents to Hurghada by train. They stayed at a nice hotel. Every morning, they went swimming and enjoyed on the beach. In the evening, they used to do the shopping. After this week, Hani left his parents in Hurghada and travelled by bus to his uncle's farm. There, he spent a very good day that was Sham El-Nessim. He spent it with his cousins. In the morning, they ate boiled eggs for breakfast in the fields. In the evening, they enjoyed singing and dancing.

a) Answer the following questions:

1- What does the passage talk about?..

2- Do you think Hani spent a nice holiday?...

3- How did Hani go to Hurghada?...

b) Choose the correct answer from a, b, c or d:

4- The underlined word "parents" means ………………..

a. sister and brother b. father c. mother d. father and mother

5- In Hurghada, Hani's family stayed at a …………………….

a. school b. hotel c. house d. farm

6- The underlined pronoun "There" refers to ……………….

a. Hurghada b. breakfast c. shopping d. The farm

7. I'm Hassan. My family lives in Alexandria, but my dad doesn't work in Egypt. He works in England. He went to the airport on Sunday evenings, and he caught the plane to England. He will come home next month. On Saturday, I don't go to school, and my brother doesn't go to school either. We play chess or go to the park. On Sunday mornings, we go swimming. My sister is three and she doesn't swim. She watches us. I hope to travel to England when I grow up to complete my study there. My father encourages me to do that.

a) Answer the following questions:

1- What is this passage about?...

2- How did Hassan's father go to England?..

3- Do you think it's a good idea that Hassan travels to England to complete his study?...

b) Choose the correct answer from a, b, c or d:

4- The underlined pronoun "she" refers to ………..

a. Hassan b. Hassan's father c. Hassan's sister d. Hassan's family

5- When do they go to the park?

a. On Sunday b. On Saturday c. Every day d. On Wednesday

6- The word "complete" means ……………..

a. start b. begin c. finish d. get

8. My name is Maher. I was born in Zagazig in 2008.1 live in Giza and I am a pupil at El Manar Prep School. My favorite subject is English. I like watching foreign films and reading short stories. I hope to be a TV reporter. ATV reporter talks to

different people in front of a camera. I have got one sister and two brothers. My father is a hotel manager. He makes sure that all rooms are clean and comfortable, he also looks after visitors. My mother's a scientist at Cairo University.

a) Answer the following questions:

1- What is this passage about?..

2- How many people are there in Maher's family?..

3-Why do you think Maher would like to be a TV reporter?...

b) Choose the correct answer from a, b, c or d:

4- Maher is a ....

a. scientist b. TV reporter c. student d. hotel manager

5- Maher's favorite subject is ....

a. history b. Arabic c. German d. English

6- The underlined pronoun "he" refers to ....

a. Maher b. Maher's father c. a visitor d. the TV reporter

9. You won't believe that the people of the 21st century depend on technology. Just, try to tell people that we no longer need mobile phones, they will laugh right away, isn't it? Moreover, you say that we no longer use email or social media, they will not believe you. We can even go shopping just sitting in one place, we can see and talk to other people, and events in the world reach us within seconds. Things like the refrigerator, air conditioner, easier access to information, the internet, etc. made our life very comfortable, but this level of success comes with many disadvantages. Many teens spend more time on social media, internet surfing and playing video games, leaving their real life. Modern technology has replaced a large number of human jobs; machines and robots are doing the same work that humans used to do. So, companies may not need many human workers. Smartphones and computers distract children and teens from moral and educational values. Students can copy ready-made projects and homework from other sources.

A) Choose the correct answer from a, b, c or d:

1. The main idea of the passage is ....

a) social media b) modern technology c) smartphones d) shopping

2. Any events in the world reach us ....

a) narrowly b) quietly c) slowly d) quickly

3. Modern technology makes many companies do not need many ....

a) machines b) workers c) robots d) tools

B) Answer the following questions:

4. How will technology affect education in the future?
....

5. Why do you think that companies may not need many human workers?
....

6. What's the best summary for this text?
....



10. Egyptian tennis player Mayar Sherif jumps to 74th in women's world ranking التصنيف. Mayar Sherif continued to make history after winning the Liqui Moly Open 2021 against the Italian player Martina Trevisan in the final match. She was the first Egyptian tennis player in history to enter the list of the top 100 players. Mayar Sherif Ahmed Abdel-Aziz was born on 5th May 1996. She is the younger sister of Rana Sherif Ahmed, the tennis player. She has another two sisters: Rawan and Dalya. Sherif has one singles title on the WTA Challenger Tour. She has also won nine singles titles and six doubles titles on the ITF Women's Circuit. Mayar spent her final two years at Pepperdine University in Malibu, California, graduating in 2018 with a degree of science in sports medicine. She made history as the first Egyptian female player to make it into the main draw of a Grand Slam Tournament, at the 2020 French Open. She made history again for Egyptian tennis at the 2021 Australian Open.

A) Choose the correct answer from a, b, c or d:

1. The main idea of the passage is ....

a) a sports champion b) a sports competition c) the top 100 players d) sports medicine

2. Mayar's sister, ..., is a tennis player.

a) Dalya b) Rana c) Rawan d) Amal

3. All the titles Mayar Sherif won are ....

a) sixteen b) nine c) sixty d) six

B) Answer the following questions:

4. How did Mayar make a history?

....

5. Summarize the biography of Mayar Sherif in a few words.

....

6. Do you think Mayar will win more prizes? Why? / Why not?

....

11. In modern life, social media is developing fast. It is especially very popular among the young. Addiction to social media has many serious effects, including poor study habits, living away from reality and bad health. First, addiction to social media makes the youth have bad grades in studies. Many students who were excellent have become bad. Every day, these students come to class, but they do not focus on studying. Moreover, at home these students do not do exercise or read the new lesson before going to school, because they are busy with social media. Secondly, these young people can live far away from reality. They will not have time for outdoor activities such as playing sports or camping. Instead of going out to meet friends or talk to their parents, they love chatting with friends on social media. And last but not least, using social media too much will have a serious effect on health. They will go to bed late to read news on Facebook or chat with friends. Staying up late is really harmful to health, especially the brain.

A) Choose the correct answer from a, b, c or d:

1. The main idea of the passage is ....

a) technology b) social media c) computers d) friends

2. The young who are addicted to social media live away from .... life.

a) home b) school c) bad d) real

3. Students who are addicted to social media don't usually .... on studying. a) focus b) include c) affect d) camp

B) Answer the following questions:

4. Why do you think using social media too much has a serious effect on health?

....

5. "Social media has advantages and disadvantages." Explain.

....

6. Do you think that social media help the youth? Why/Why not?

....

12. A lazy student went into a shop and the shop assistant said, "What can I sell you? Please, hurry up, it's eleven and we are going to close the shop." The boy said," Get a piece of paper and a pen, then write; a kilo of sugar at 175 piasters, half a kilo of cheese at 400 piasters and a quarter of a kilo of butter at 190 piasters. I'll give you ten pounds. How much will you give me back?" "Two pounds and thirty-five piasters," said the shop assistant. "Thank you very much. That was my homework for tonight," the boy said. The shop assistant solved the student's problem in maths. Though the student was lazy, he was clever.

A) Choose the correct answer from a, b, c or d:

1. A kilo of cheese costs .... piasters.

a) 420 b) 800 c) 400 d) 830

2. The student went to the shop ....

a) at noon b) late at night c) at 11 o'clock am d) early

3. The opposite of the word "lazy " is ....

a) naughty b) careless c) active d) peaceful

B) Answer the following questions:

4. Who does the underlined pronoun "you" refer to?

....

5. Why was the shop assistant in a hurry?

....

6. Do you think the boy is clever? Why/ Why not?

....